



Child Public Health Education Directions Handwashing Lesson

Child Public Health Education lessons will be incorporated into the Fluoride Station, mixing teaching, play, and fluoride treatments. Students should aim to teach each lesson (Dental Care and Handwashing) at least 2 times over the course of the day.

This 10-minute lesson is developed to be taught by a student with limited to no Spanish-speaking ability, using pictures and Spanish/English scripts. It can be taught very informally, simply by gathering whichever children are presently playing at that moment.

- 1) Storybook Lesson (5 minutes): This lesson will be focused on the importance of handwashing. Using the storybook provided, follow the script on each page to teach the children present.
 - a) Materials: “Lavase las manos” storybook

- 2) Glitter Hands Activity (5 minutes):
 - a) Materials: Soap, water, 3 buckets, glitter, vocabulary (back of sheet)
 - b) Activity Directions:
 - i) Gather children together in a small group
 - ii) Pour glitter on the hands of one volunteer and rub hands together
 - iii) Have that volunteer shake hands with a second. Show that glitter transfers from the first volunteer’s hand to the second. Explain that when we sneeze or when we go to the bathroom and don’t wash our hands, germs can be spread from one person to the next.
 - iv) Ask participants: how can you get the glitter/germs off our hands?
 - v) Have the first volunteer wash his/her hands in the first basin with water only (note some glitter comes off)
 - vi) Have the second volunteer wash his/her hands in the second basin with water and soap, showing that all glitter comes off
 - vii) Invite the rest of the children to wash their hands

Handwashing Lesson Spanish Vocabulary

Handwashing: Lavarse las manos

We are going to do an activity: Hacemos un actividad

Two volunteers: Dos voluntarios

Glitter: Escarcha

Move your hands: Muevase las manos

Shake hands with her: Tomase la mano con ella

No pueden ver los microbios. Cuando estornudamos o usamos el bano y no lavamos nuestras manos, podemos pasar los microbios./ You can't see germs. When we sneeze or use the bathroom and do not wash our hands, we pass germs.

Lavase sus manos solamente con agua: Wash your hands only with water

Solamente quita parte de la escarcha: Only removes some of the glitter

Lavase sus manos con jabon: Wash your hands with soap

Que limpia!: How clean!

Who's next?: Quien vaya proxima?



Lavase las manos!

A stylized world map where the continents are represented in a light green color against a light blue background. The map is centered on the Atlantic Ocean, showing North and South America on the left, Europe and Africa on the right, and Asia and Australia at the bottom. The text is positioned at the bottom of the map.

Puedes conseguir los microbios en cualquier lugar



En la casa...

En la comida...





Y en el aire!



Entran de su nariz y boca...



Y eso es lo que te hace estornudar



Entonces que haces para protegerte de enfermedades?



Lavase sus manos!

¿Y como lo haces?



Mojase las manos con agua



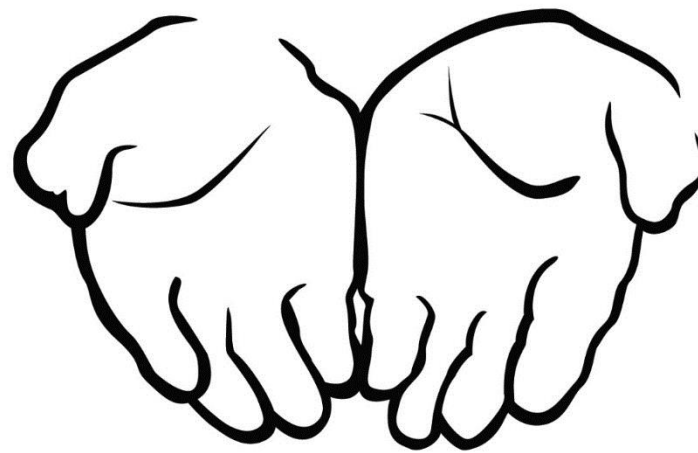
Usa suficiente jabon



Se frota al frente y fondo de sus manos y en medio de sus dedos



Enjuagase las manos



Secase las manos en el aire

¿Y cuando lo haces?

Despues de...



Usar al baño



Jugar afuera

Antes de...



Comer



Preparar comida